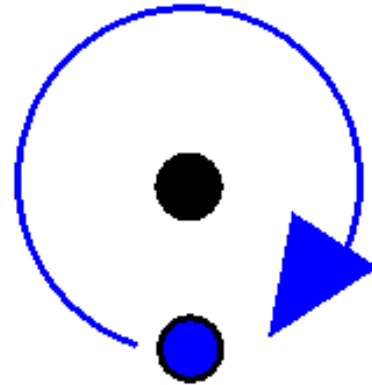




Learning



about

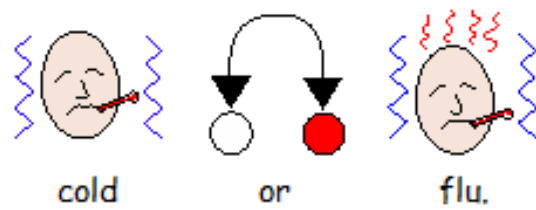
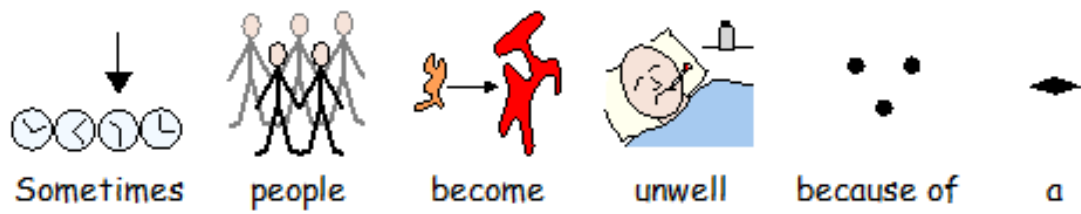


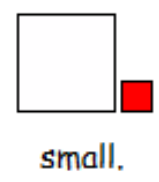
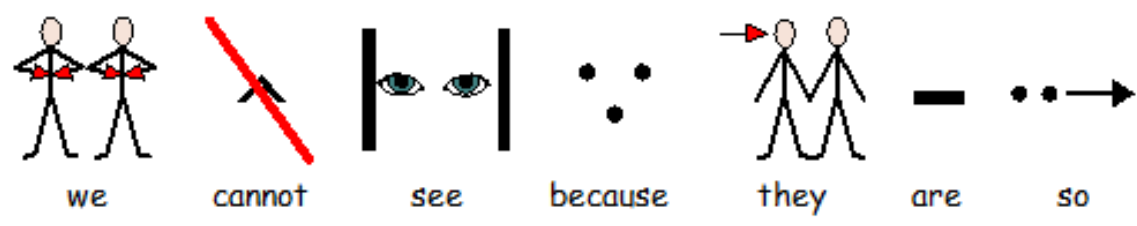
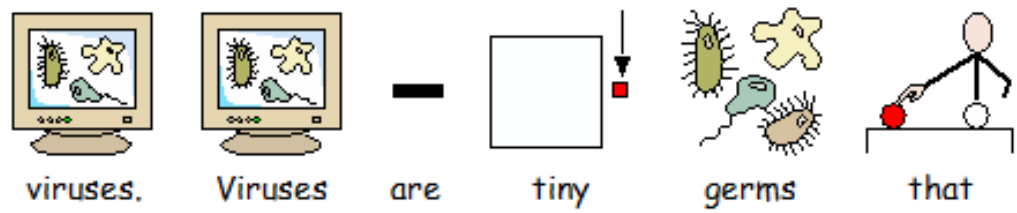
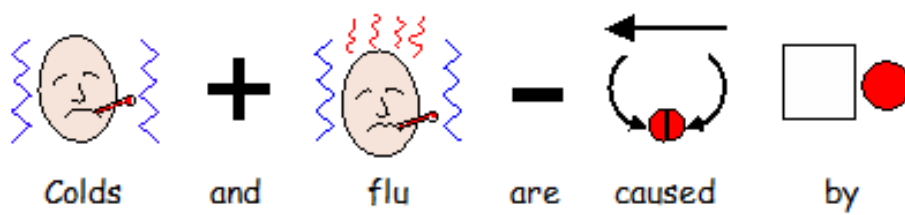
the



Coronavirus.

Dr. Siobhan Timmins







Most



of



the



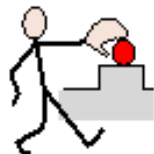
time



peoples'



bodies



get



rid of



a



virus



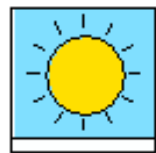
in



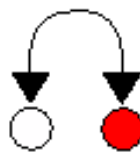
a



few



days



or



weeks





While



the



body



is



getting



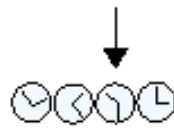
rid



of



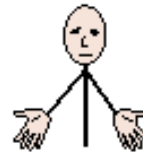
virus



sometimes



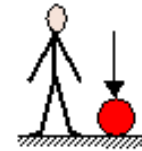
people



need



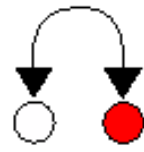
to



stay at



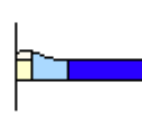
home



or



in



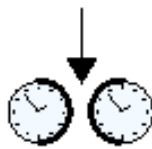
bed



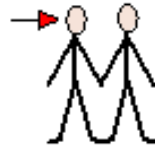
to



rest.



Soon



they



feel



well



again.



Most



of



the



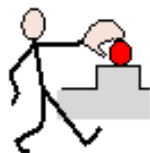
time



peoples'



bodies



get



rid

of



a



virus



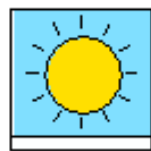
in



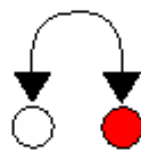
a



few



days



or



weeks





While



the



body



is



getting



rid



of

the



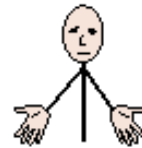
virus



sometimes



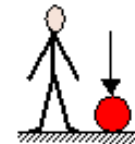
people



need



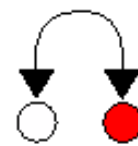
to



stay at



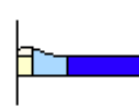
home



or



in



bed



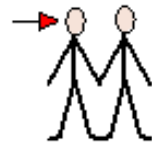
to



rest.



Soon



they



feel






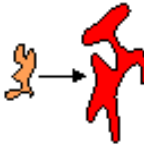



well



again.

   **123**  

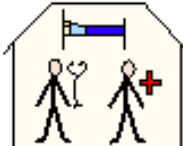
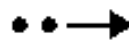
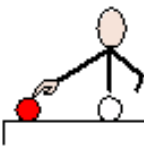



A very very small number of people who

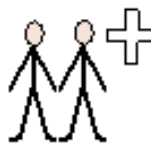


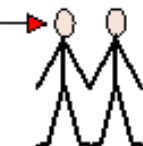

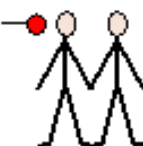
have coronavirus may become very very very




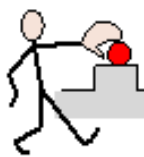



unwell. They may need to go to




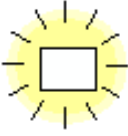

hospital so that the doctors and

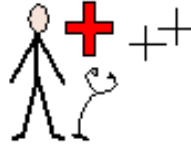




     



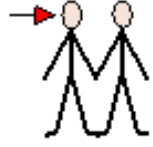
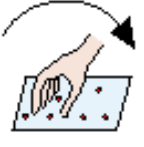


nurses can help them while their







bodies try to get rid of the virus.





  =   
Because coronavirus is a new virus





 +   -  
doctors and scientists are busy learning

   -   
about it. They are trying to find

 +    
ways to treat this virus.

     
Scientists are also working hard to make vaccinations

      
and medicine to stop people from becoming

   
unwell from the virus.



While



we



wait



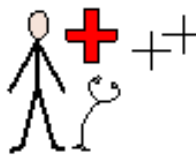
for



scientists



and



doctors



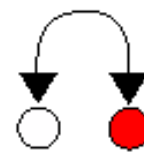
to make



a



vaccine



or



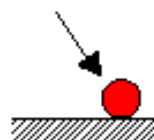
find



a



medicine



there



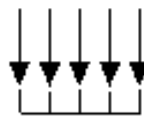
are



important



things



all



adults



and



children



can do



to



avoid



catching

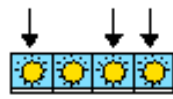


it.



Viruses

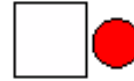
are



usually



caught



by



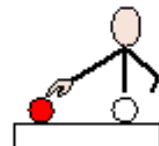
people



touching



something



that

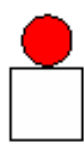


has

a



virus



on



it

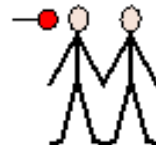
and



then



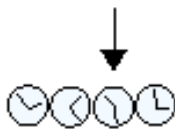
touching



their



face.



Sometimes



people



catch

the



virus



by

—

being



close to



someone

who



has



sneezed

+

and



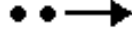
coughed.



Viruses



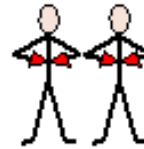
are



so



small



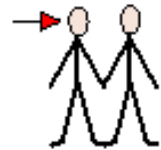
we



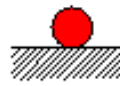
cannot



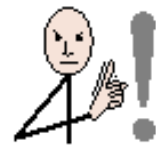
see



them.



It's



important



for



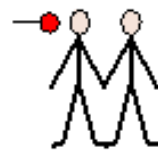
people



to



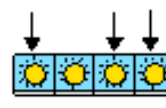
wash



their



hands



often



with



soap



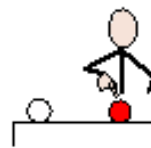
and



warm



water.



This



gets



rid



of

the



virus



and



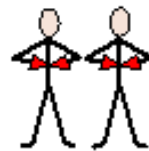
helps



to



keep



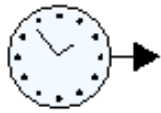
us



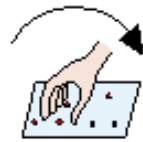
healthy.



I



will



try



and



wash



my



hands



with



soap



and



warm



water



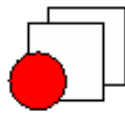
for

20

20



seconds



before



I



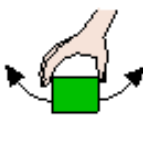
eat,



after



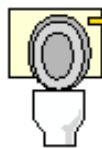
I



use



the



toilet



and



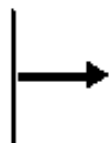
when



I



come home



from



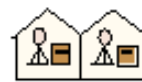
school,



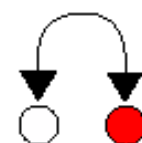
the



park,



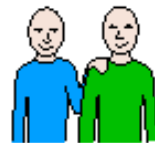
shops





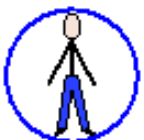
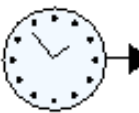

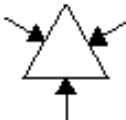
or



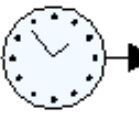



seeing






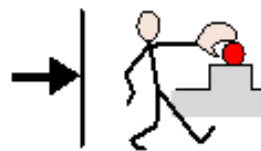
friends.

  +   →  
My Mum and Dad will show me how

     
to wash my hands carefully. They

 →    =
will remind me when it is time to

  
wash my hands.



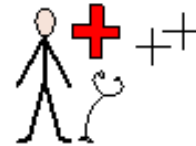
To get



rid of any



virus



doctors



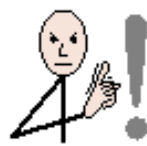
say



it



is



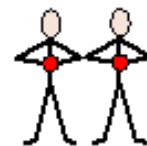
important



to



wash



our



hands



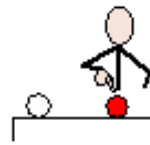
for

20

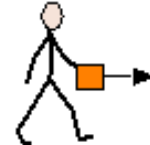
20



seconds.



This



takes



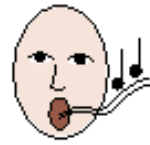
as



long



as



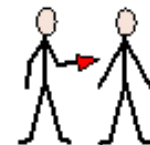
singing



happy birthday



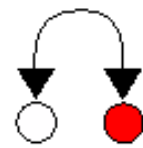
to



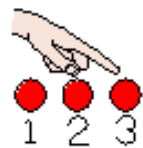
you

2

twice



or



counting










to

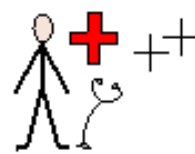





20

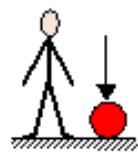

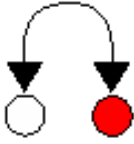


20









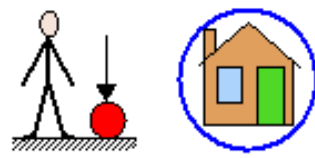
slowly.








 Sometimes  to  stop  a  virus  from  spreading



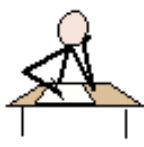


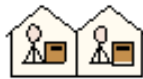
 doctors  and  scientists  tell  people  to







 stay away from  crowds  or  groups  of



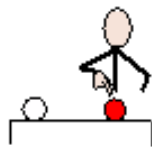




 people.  Schools  may  close  and  children

 stay at home.

      
Workplaces may close and mums and

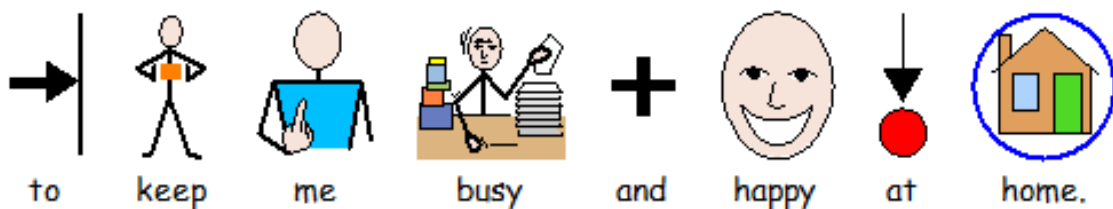
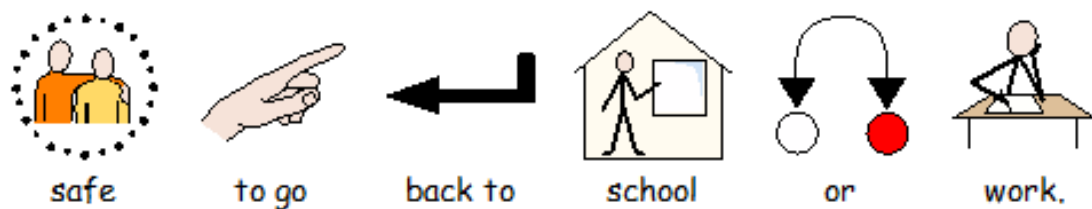
     
dad may work from home. Shops,

      
buses and trains may stop

      
running too. This is okay. It helps

      
to stop the virus and keep people

    
healthy for when things are normal again.





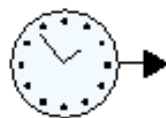
Mum



and



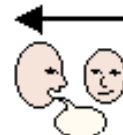
Dad



will



be



told

when



it



is



safe



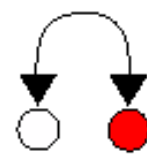
to



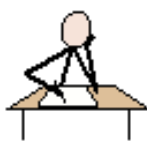
return to



school



or



work.



This



is



okay.



It



helps



to



stop



the



virus



and



keep



people



healthy



for



when



things

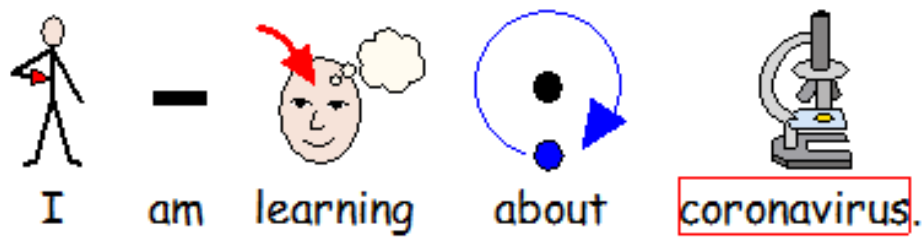


are

normal



again.



Dr. Siobhan Timmins