

## New Words

**Cremation:** Burning of a body in a special fire, to make ashes.

**Crematorium:** A building where a service will be held for the dead person and the cremation will happen.

**Emotions:** The names for how we feel inside.

**Grave:** The space in the ground where a dead body or ashes are buried.

**Grief:** How we feel after someone has died.

**Headstone:** Details on a stone of a dead person put where they are buried.

**Heaven:** A belief of some people where a dead person goes.

**Place of Worship:** A special place often a building for celebrations often relating to religion.

**Spirit:** The thoughts and feelings of a person that are left after they have died, sometimes called their soul.

**Urn:** A special pot where the ashes of the dead person might be kept.



# What is Death?



All living things will die.



Sometimes we know that this will happen and other times it is a surprise.

People can die because of old age, illness or accident.



When someone dies it can make people feel lots of emotions inside their bodies.



Sometimes we can see these emotions, for example if someone is sad we might see them crying.

When a person has died the people who knew them might feel:

Sad



Worried



Angry



Happy



It is ok to feel all of these emotions.

Sometimes people want to talk about the person who has died, or just be quiet and think.



When a person has died their family and friends like to say 'Goodbye'. This might be at a place of worship or a Crematorium, or sometimes somewhere different.



Often the person who has died will have chosen what they would like to happen with their body. They can be buried in the ground or burnt in a special fire at the Crematorium, this is called being cremated.

If the body is buried it will be placed into the ground with soil on top, this is called a grave. Later on there might be a headstone, with the person's information and a special message.



If the person has chosen to be cremated their ashes will be given to the family and they might bury them, scatter the ashes in a special place, or keep them in a pot called an urn.



People believe different things happen when someone has died. Some people believe that the person's spirit goes to a special place where they can carry on living with other people who have died, this might be called Heaven.



Some people believe that the person starts their life again, or that their body goes into the ground and becomes part of the world where we live.

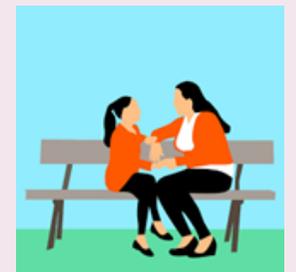


All of these beliefs are ok.

After someone has died you might feel sad and angry for a long time, and remember that person at different times of the day. Sometimes you might have happy memories or sad memories, you might also feel cross. All of these feelings are called grief.



It is always best to talk to someone about your feelings. This could be someone in your family, a school teacher or friend. There are also people who are specially trained in helping with feelings and emotions and it is their job to help people with grief.



Learning about death may be difficult, talking to someone often helps.