

## TEACCH

TEACCH offers a set of core clinical services at seven community-based centers throughout North Carolina, a supported employment program and an integrated vocational and residential program for adults with ASD. TEACCH's **clinical services** include diagnostic evaluations; parent training and parent support groups, intervention groups, and individual counseling for higher-functioning clients. TEACCH services are grounded in empirical research, enriched by extensive clinical expertise, and notable for flexible and individualized support of individuals with ASD and their families.



TEACCH developed the intervention approach called “**Structured TEACCHing**”, an array of teaching or treatment principles and strategies based on the learning characteristics of individuals with ASD, including strengths in visual information processing, and difficulties with social communication, attention, and executive function. In response to this profile of strengths and challenges, Structured TEACCHing includes:

1. External organizational supports to address challenges with attention and executive function
2. Visual and/or written information to supplement verbal communication
3. Structured support for social communication



Structured TEACCHing is not a curriculum, but instead is a framework to support achievement of educational and therapeutic goals. This framework includes:

1. Physical organization
2. Individualized schedules
3. Work (Activity) systems
4. Visual structure of materials in tasks and activities

The goal of Structured TEACCHing is to promote meaningful engagement in activities, flexibility, independence, and self-efficacy. We integrate Structured TEACCHing strategies into other evidenced-based practices.