

SENCO Newsletter

Specialist Teaching &
Learning Service
Folkestone and Hythe



Transition Event

Pre-School to Reception Year

Tuesday 13th June 2023

1pm -3pm

The Beacon Folkestone, Park Farm Road,
Folkestone CT19 5DN

Nurseries and School will have the opportunity to meet to discuss children who are due to start school in September 2023 with STLS present.

Ideally, school SENCOs and Yr R teachers will attend alongside Setting SENCOs, with a knowledge of the children moving into school.

This opportunity will support professionals in planning robust transitions for all the children.



Please ensure that you RSVP to Stephanie Crane so that we are able to match attending settings with schools:

Stephanie.Crane@thebeacon.kent.sch.uk

Primary / Secondary: **Term 6** —Dates for your Diary

- **LIFT Group 1**— 08 JUNE 2023 MS Teams 1pm
- **LIFT Group 2**— 15 JUNE 2023 MS Teams 1pm
- **LIFT Group 3**— 12 JUNE 2023 MS Teams 09.30
- **LIFT Group 4**— 19 JUNE 2023 MS Teams 08.30
- **LIFT Group 5**— 22 JUNE 2023 MS Teams 1pm
- **LIFT Group 6**— 03 JULY 2023 MS Teams 08.30
- **LIFT Group 7**— 29 JUNE 2023 MS Teams 1pm
- **SENCO Forum**— 04 JULY 2023 The Beacon 08.30
- **EYS LIFT 1**— 20 JUNE 2023 MS Teams 1pm
- **EYS LIFT 2**— 27 JUNE 2023 The Beacon 1pm
- **EYS LIFT 3**— 11 JULY 2023 The Beacon 1pm

BRAND NEW ANXIETY ANIMATION & RESOURCES

Schools in mind, Anna Freud, are launching 'Let's talk about anxiety', an animation and accompanying teacher toolkit. Aimed at students aged 11– 13, the resource will help young people to normalise, understand and manage anxious feelings.

These resources are the first to be produced in the new Anna Freud brand, which has recently launched as part of the 'Closing the Gap' strategy. Find resources here...

<https://www.annafreud.org/schools-and-colleges/resources/let-s-talk-about-anxiety-animation-and-teacher-toolkit/>



SENCO Wellbeing Coffee Morning Term 6

27th JUNE 2023 9.30—11am

The Beacon Folkestone, CT19 5DN



Join us for an informal meet for all SENCOs. Chat with some of our STLS team, catch up with SENCO colleagues and share any questions or updates.

No agenda, just a drink and a friendly face!

Upcoming Area Training

Email sara.cave@goldwyn.kent.sch.uk
for more details...



NHS

2022-2023

STLS Ashford Inclusion Annual Training Programme

Do you have any
questions about Sensory
Circuits?

SENSORY CLINIC

with Stella Parkinson and Sara Cave



Do you want to know where
to go next after completing
a Sensory Checklist?

**Wednesday 28th June
10am to 11am**

Do you have any queries on how
to support young people who are
showing difficulties with sensory
processing?

This is a free termly virtual Q and A session around sensory processing difficulties and strategies to support. When you book on to the session, you will also receive a copy of virtual training around Sensory Processing to access in advance of the Q and A session.



East Kent Hospitals University

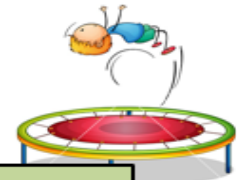


NHS Foundation Trust

Occupational Therapy Service



Sensory Circuits



Training will cover:

- Sensory difficulties
- Precautions
- Risk assessment
- Aims
- Benefits
- How to do run sessions

Location: The Rainbow Centre, Ashford

Length: 1 hour training session 9.30-10.30

Available Dates:

28th September
12th October
16th November
14th December

Further dates to follow for January 2024 onwards

Cost: free

Led by Stella Parkinson OT and Sara Cave - STLS

To book: Please contact sara.cave@goldwyn.kent.sch.uk with requested date of attendance

SEN Parent Support Group



Includes Us 2 My Time Groups

For parents & carers of children with a disability or additional needs (no diagnosis needed) living in Ashford, Dover, Folkestone and Hythe

Our 'My Time' groups provide a relaxed and informal space for parents & carers to get together and access support. Speakers are regularly invited to these sessions to provide information and advice about specialist services. Please email familysupport@includesus2.org.uk to book a free space at our face to face meetings.

June Meetings

Tuesday 6th - Zoom 10am-12pm

Wednesday 14th - Folkestone The Village Children Centre, Denmark Street, CT19 6EQ 10-12pm

Wednesday 21st- Zoom 8-10pm

July meetings

Thursday 6th- Zoom 10-12pm

Tuesday 11th—Zoom 8-10pm

Wednesday 19th -Dover Whitfield Aspen Smile Centre, Mayfield Road, CT16 3LJ 10am-12pm

To book a place at any of our meetings you will need to become a free member of Includes Us 2, you can join by using this link - [Membership Application Form \(iotform.com\)](https://forms.office.com/r/uGvwMi79HX)

If you feel you need one to one support you can refer to our family support service here -

<https://forms.office.com/r/uGvwMi79HX>



You can find us on
Twitter:
[@Folk_HytheSTLS](https://twitter.com/Folk_HytheSTLS)
Follow us for
updates!



The Beacon
Folkestone

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SHEPWAY AUTISM SUPPORT GROUP MONTHLY COFFEE MORNINGS

For parents and carers of school-aged children on the autism spectrum.

Come along for a coffee and a chat, whether you have a child with a diagnosis, are waiting for a diagnosis or if you would like to learn more about autistic spectrum condition.

Monday 19th June 2023

Summer Holidays Survival Guide:

Part One - Days at Home

Sharing resources, activities, ideas and tips of how to manage the holidays with neurodivergent children

10.00am-12.00pm

Conference room, The Beacon, Park Farm Road,
Folkestone CT19 5DN

Future dates: Monday 3rd July 2023

Any questions? Please contact hello.sasg@outlook.com
or visit our Facebook page.



May 2023 South Kent Partnership Bulletin

Please find below the link to the
May edition of the South Kent
Partnership Bulletin :

[Go to this Sway](#)





Kent SENCo Teach Meets

Based on feedback we received at the SENCo and Inclusion Leader Conference, The Education People are organising a series of 'SENCo Teach Meets' during Term 6.

We are inviting SENCos and Headteachers to join us for a chance to share good practice, swap resources and ideas and identify areas of development.

You asked for opportunities to network with other SENCos and so we want to give you an opportunity to do just that.

We will collate all your ideas, resources and good practice examples together and create an online booklet that you can then access at a time that best suits you.

Click on one of the links below to register for your local session (and don't forget to encourage your Headteachers to join you).

East Kent



Royal Harbour School



Thursday 22 June 2023



3.45pm to 5.45pm

[Book your place](#)

South Kent



Homewood School



Thursday 28 June 2023



4pm to 6pm

[Book your place](#)

West Kent



School of Science and Technology



Wednesday 5 July 2023



3.30pm to 5.30pm

[Book your place](#)

North Kent



Thamesview School



Thursday 6 July 2023



3.30pm to 5.30pm

[Book your place](#)

How Mainstream Schools Support Children with SEN

Training for Parents and Carers of Children With SEND in Mainstream Educational Settings



OVERVIEW

The Education People have been funded by Kent County Council to deliver training to parents and carers of children with SEND from across Kent. Our aims for the training are to:

- build parental confidence in what is on offer to support children and young people with a SEND in mainstream schools
- answer questions that you may have about the offer
- develop your knowledge of how the Mainstream Core Standards are being used in schools to support your children.

This free training will be delivered virtually, via Zoom. If you have any issues with accessing the internet then please do get in touch and we will do our very best to make the training accessible to you.

**THE EDUCATION
PEOPLE**

On behalf of...



HOW TO REGISTER

Choose which date you are able to attend below and either scan the QR code, or click the button underneath it to register.

**Tuesday 27 June
(10am to midday)**



[Book Your Place](#)

**Thursday 29 June
(10am to midday)**

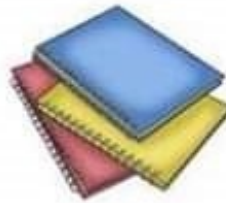


[Book Your Place](#)

Executive Functioning Skills



Planning is the ability to figure out how to accomplish our goals.



Organization is the ability to develop and maintain a system that keeps materials and plans orderly.

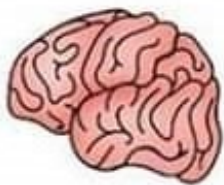
Time Management

is having an accurate understanding of how long tasks will take and using time wisely and effectively to accomplish tasks.



Task Initiation

is the ability to independently start tasks when needed. It is the process that allows you to just begin something even when you don't really want to.



Working Memory is the mental processes that allow us to hold information in our minds while working with it.



Metacognition is being aware of what you know and using that information to help you learn.

Self-Control is the ability to regulate yourself, including your thoughts, actions, and emotions.



Attention is being able to focus on a person or task for a period of time and shifting that attention when needed.



Perseverance is the ability to stick with a task and not give up, even when it becomes challenging.



Flexibility is the ability to adapt to new situations and deal with change.

8 Key Executive Functions

Executive functions are skills everyone uses to organize and act on Information. If your child has executive functioning issues, he may struggle with some or all of the following skills.

Skill	What it means	How it looks
Impulse Control	Impulse control helps your child think before acting.	Kids with weak impulse control might blurt out inappropriate things. They're also more likely to engage in risky behavior.
Emotional Control	Emotional control helps your child keep his feelings in check.	Kids with weak emotional control often overreact. They can have trouble dealing with criticism and regrouping when something goes wrong.
Flexible Thinking	Flexible thinking allows your child to adjust to the unexpected.	Kids with "rigid" thinking don't roll with the punches. They might get frustrated if asked to think about something from a different angle.
Working Memory	Working memory helps your child keep key information in mind.	Kids with weak working memory have trouble remembering directions--even if they've taken notes or you've repeated them several times.
Self-Monitoring	Self-monitoring allows your child to evaluate how he's doing.	Kids with weak self-monitoring skills may be surprised by a bad grade or negative feedback.
Planning and Prioritizing	Planning and prioritizing help your child decide on a goal and a plan to meet it.	Kids with weak planning and prioritizing skills may not know which parts of a project are most important.
Task Initiation	Task initiation helps your child take action and get started.	Kids who have weak task initiation skills may freeze up because they have no idea where to begin.
Organization	Organization lets your child keep track of things physically and mentally.	Kids with weak organization skills can lose their train of thought--as well as their cell phone and homework.

Joyful June 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



1 Decide to look for what's good every day this month

2 Say positive things in your conversations with others

3 Re-frame a worry and try to find a helpful way to think about it

4 Take a photo of something that brings you joy and share it

5 Think of 3 things you're grateful for and write them down

6 Get out into green space and feel the joy that nature brings

7 Do something healthy which makes you feel good

8 Find joy in music: sing, play, dance, listen or share

9 Ask a friend what made them happy recently

10 Bring joy to others by doing something kind for them

11 Eat good food that makes you happy and really savour it

12 Write a gratitude letter to thank someone

13 Take a light-hearted approach. Choose to see the funny side

14 Share a happy memory with someone who means a lot to you

15 Look for something to be thankful for where you least expect it

16 Speak to others in a warm and friendly way

17 Take time to notice things that you find beautiful

18 Look for something good in a difficult situation

19 Get outside and find the joy in being active

20 Rediscover and enjoy a fun childhood activity

21 Send a positive note to a friend who needs encouragement

22 Watch something funny and enjoy how it feels to laugh

23 Create a playlist of uplifting songs to listen to

24 Bring to mind a favourite memory you feel grateful for

25 Show your appreciation to people who are helping others



26 Make time to do something playful, just for the fun of it

27 Be kind to you. Do something that brings you joy

28 Notice how positive emotions are contagious between people

29 Share a friendly smile with people you see today

30 Make a list of the joys in your life (and keep adding to it)



ACTION FOR HAPPINESS

Happier · Kinder · Together