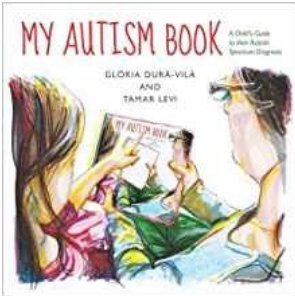
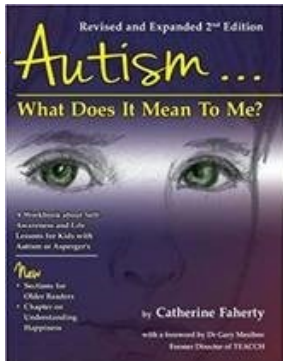
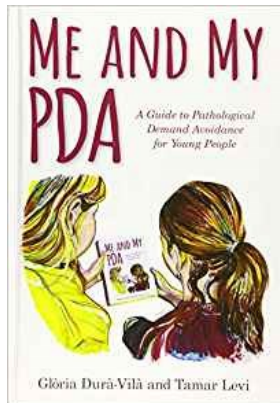


Additional Resources:



My Autism Book
Dura-Vilà & Levi
(2013)

Me and My PDA
Dura-Vilà & Levi
(2018)



Autism...What Does it
Mean...?
Faherty (2014)



**The Inclusion and Outreach
Coordinator for the Folkestone
and Hythe District is
Russell Ames:**

russell.ames@thebeacon.kent.sch.uk

**For STLS Administration/ SMILE
Training enquiries, please contact:**

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**Specialist Teaching &
Learning Service: Folkestone
& Hythe District**

**Autistic
and Proud**

Telling Children and
Young People about Their
Autism Diagnosis.



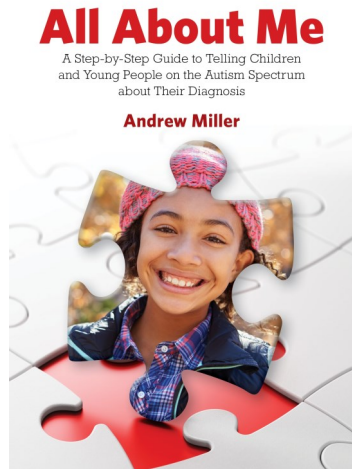
2019 –2020

All About Me Andrew Miller (2018)

STLS are currently using a step-by-step programme developed by Andrew Miller to tell children and young people about their autism diagnosis.

Through learning about their autism diagnosis individuals learn about their personality characteristics, strengths and things they may find harder.

Personalised strategies are tried and developed to support emotional and sensory self-regulation, and to build self-esteem, self-awareness and resilience.



Personal Statements

We were able to get the support of STLS when Child A was feeling very low. This proactive response to critical situations is really supportive and invaluable.
School SENCO, (2018).

I love my folder from the session it is like having an extra memory.
Child B, (2018)

Lots of positive feedback from Child C, they brought their scrapbook to share with me.
Clinical Psychologist, (2018)

My Future & Peer Awareness

The programme aids transitions with resources to help individuals identify what their future looks like.

Resources to support the individual with sharing their autism diagnosis with class peers and the whole school are included.

Each individual creates a folder full of personal achievements, strengths, fascinations and a tool kit of strategies to support with the things that they find harder,

If you would like to attend a session to discuss delivering this programme and learn about additional interventions and strategies to support individual with autism, please contact Stephanie Crane:

stephanie.crane@thebeacon.kent.sch.uk

Please be advised that the child or young person completing this programme must have an autism diagnosis and parental consent given.