



YOUNGMINDS

Fourth Floor, India House, 45 Curlew Street, London SE1 2ND
020 7089 5050 • ymentquiries@youngminds.org.uk

Dear Parents/Carers,

From all of us at The Beacon we just wanted to say a huge thank you for supporting our YoungMinds #HelloYellow day held on Monday 10th October 2022 for World Mental Health Day.

More young people than ever before are seeking out mental health support and most aren't getting the help they need. The past year saw the highest number of referrals to mental health support services for young people since records began.

We wanted to do something about this, and together we have.

By joining thousands of schools, offices and communities across the UK in wearing yellow, we have done a little thing to make a BIG difference to young people's mental health.

We had an amazing day filled with joy and colour, raising an incredible **£165.30** for YoungMinds.

With, on average, three children in every classroom living with a mental health problem, YoungMinds is leading the fight to see a future where all young people can get the mental health support they need, when they need it, no matter what.

Thank you so much for your support.

If you would like to learn more about YoungMinds please visit:

www.youngminds.org.uk

Kind regards,

Ellie Garrett
Mental Health Lead

youngminds.org.uk

