

## Christmas Holiday Activities and Food Programme (HAF) – South Kent

<p><b>The Sports Trust</b> Three Hills Sports Park, Cheriton Road, Folkestone CT19 5JU</p> <p><b>10am – 3pm</b> <b>19 – 22 December</b></p>	<p>For the Christmas holiday 2022 period, we will be providing a programme that will offer a comprehensive sports, physical activity, healthy living and enrichment programme that will be accessible to young people aged 4 to 16 and 16 to 18 years of age with SEND.</p> <p>Our sessions across two venues within Folkestone &amp; Hythe will be fun, educational and will cater for all levels of ability which ensures all children taking part feel safe, have fun, learn new skills, make new friends and get to spend their school holidays with their peers.</p> <p>Based on weather conditions we have the opportunity to offer both indoor and outdoor activities.</p> <p>Sessions available at Three Hills Sports Park will include football, tennis, balance games, active gym, table tennis, pickle ball, basketball, football, hockey, netball, boxing fitness, fitness classes, socialising groups, working as a group and team building challenges and multi-sports for both males/females. Our enrichment offer will include arts and crafts activities, healthy lifestyle and eating activities and environmental activities including making bug hotels and making your own portrait. We will focus on all those who produce things within our enrichment sessions to take them home to keep, use and show others their fantastic work. Our enrichment offer will be provided in a fun but educational format, provided by specialists in each area of delivery and in a way that enables young people taking part to have fun, and to learn new things that can and do have an impact on them and their families on a long-term basis.</p> <p>We will also use the kitchen and chefs at Three Hills as part of our enrichment offer with regards to healthy eating, examples of how to cook and food quizzes.</p> <p>Enrichment activities will take place on each day of delivery.</p> <p><b>Who are The Sports Trust?</b> We are a local charity that has worked across Folkestone, Hythe and Romney Marsh for over eight years and counting. We believe that sport is</p>	<p>Rachel Haden 07955 752270</p> <p><a href="mailto:r.haden@thesportstrust.org">r.haden@thesportstrust.org</a></p> <p><a href="http://www.thesportstrust.org">www.thesportstrust.org</a></p>	<p>4 - 16 years (16 to 18 years for young people with SEND)</p>
---	---	--	---

	<p>a great tool for supporting healthy, happy lives! Our work in schools, sports clubs and the local community makes enjoying sport a fun and easy option for all. It helps us to champion sport and exercise as a positive tool for a healthy and united society.</p>		
<p><b>The Sports Trust</b> F51 Skate Park, Sports Park, Tontine Street, Folkestone, CT20 1SD</p> <p><b>10am – 3pm</b></p> <p><b>19 – 22 December</b></p>	<p>For the Christmas holiday 2022 period, we will be providing a programme that will offer a comprehensive sports, physical activity, healthy living and enrichment programme that will be accessible to young people aged 4 to 16 and 16 to 18 years of age with SEND.</p> <p>Our sessions across two venues within Folkestone &amp; Hythe will be fun, educational and will cater for all levels of ability which ensures all children taking part feel safe, have fun, learn new skills, make new friends and get to spend their school holidays with their peers.</p> <p>Based on weather conditions we have the opportunity to offer both indoor and outdoor activities.</p> <p>Sessions available at F51 will include skateboarding, scootering, BMXing, climbing and boxercise, socialising groups, working as a group and team building challenges for both males/females. Our enrichment offer will include arts and crafts activities, healthy lifestyle and eating activities and environmental activities including making bug hotels and making your own portrait. We will focus on all those who produce things within our enrichment sessions to take them home to keep, use and show others their fantastic work. Our enrichment offer will be provided in a fun but educational format, provided by specialists in each area of delivery and in a way that enables young people taking part to have fun and to learn new things that can and do have an impact on them and their families on a long-term basis.</p> <p>We will also use the kitchen and chefs at F51 sports parks as part of our enrichment offer with regards to healthy eating, examples of how to cook and food quizzes.</p> <p>Enrichment activities will take place on each day of delivery.</p> <p><b>Who are The Sports Trust?</b></p>	<p>Rachel Haden 07955 752270</p> <p><a href="mailto:r.haden@thesportstrust.org">r.haden@thesportstrust.org</a></p> <p><a href="http://www.thesportstrust.org">www.thesportstrust.org</a></p>	<p>4 - 16 years (16 to 18 years for young people with SEND)</p>

	<p>We are a local charity that has worked across Folkestone, Hythe and Romney Marsh for over eight years and counting. We believe that sport is a great tool for supporting healthy, happy lives! Our work in schools, sports clubs and the local community makes enjoying sport a fun and easy option for all. It helps us to champion sport and exercise as a positive tool for a healthy and united society.</p>		
<p><b>Ashford BME Association</b>  East Stour Primary School  Earlsworth Road  South Willesborough  Ashford  TN24 0DW</p> <p><b>10am – 2pm</b>  <b>19 – 22 December</b></p>	<p>Ashford BME Association is proud to continue to deliver the Holiday Activities and Food (HAF) Programme. Our club is a perfect solution to ensure your child makes unforgettable memories with our amazing holiday experience packed full of play and adventure. With a brilliant mix of skills for sports, energising activities to get children moving, arts and crafts creative sessions that encourage children to express themselves, and so much more.</p> <p>They will take part in a wide range of enriching and engaging activities that supports their development, such as tie and dye making, slime making, mask making, African djembe drumming, fun physical activities, health and wellbeing sessions, meal preparation and healthy cooking sessions. As part of the programme, a hot meal and healthy snacks will be provided. All we ask is that you provide your child with a <b>refillable water bottle</b> to keep them hydrated throughout the day. Our programme ensures that no day is ever the same! Hurry, ensure your child doesn't miss a moment by securing their place today.</p>	<p>Maria Olukoya  07474 131513</p> <p><a href="mailto:info@ashfordbmeassociation.org">info@ashfordbmeassociation.org</a></p> <p><a href="http://www.ashfordbmeassociation.org">www.ashfordbmeassociation.org</a></p>	<p>4 - 16 years  (up to 18 years for young people with SEND)</p>
<p><b>Ashford BME Association</b>  United Church  Cade Road  Ashford  TN23 6JE</p> <p><b>10am - 2pm</b>  <b>19 – 22 December</b></p>	<p>Ashford BME Association is proud to continue to deliver the Holiday Activities and Food (HAF) Programme. Our club is a perfect solution to ensure your child makes unforgettable memories with our amazing holiday experience packed full of play and adventure. With a brilliant mix of skills for sports, energising activities to get children moving, arts and crafts creative sessions that encourage children to express themselves, and so much more.</p> <p>They will take part in a wide range of enriching and engaging activities that supports their development, such as tie and dye making, slime making, mask making, African djembe drumming, fun physical activities, health and wellbeing sessions, meal preparation and healthy cooking sessions. As part</p>	<p>Maria Olukoya  07474 131513</p> <p><a href="mailto:info@ashfordbmeassociation.org">info@ashfordbmeassociation.org</a></p> <p><a href="http://www.ashfordbmeassociation.org">www.ashfordbmeassociation.org</a></p>	<p>4 - 16 years (up to 18 years for young people with SEND)</p>

	<p>of the programme, a hot meal and healthy snacks will be provided. All we ask is that you provide your child with a <b>refillable water bottle</b> to keep them hydrated throughout the day. Our programme ensures that no day is ever the same! Hurry, ensure your child doesn't miss a moment by securing their place today.</p>		
<p><b>The Creation Station</b> The Charles Ground, St. Leonard's Road, Deal CT14 9AU</p> <p><b>10am – 2pm</b> <b>19 – 22 December</b></p>	<p>The Creation Station is an arts and crafts programme centred around the delivery of arts and crafts sessions to children and young people alongside a range of physical activities to nurture physical health and wellbeing. We will deliver a range of different range of activities and sessions each day, to give children and young people new and exciting opportunities to be creative, explore and develop. Our art activities will include painting, tie dye printing, drawing, model making, slime making, Christmas crafts, decorating baked goods and much more.</p> <p>Other activities will include a Christmas disco on the last day for each venue, Christmas dinner with families invited in, family Christmas crafts, health and nutrition sessions, nature trails, bug hunts and sports.</p> <p>Arts and crafts activities can improve your mental health and wellbeing, reduce stress, and help maintain focus.</p> <p>Our sessions will be tailored to suit children and young people's individual needs, inclusive of SEND.</p> <p>Each day all the children and staff come together at lunchtime for a warm meal, then some free time to help with their social interaction.</p>	<p>Lauren Bury 01304 613 022</p> <p><a href="mailto:baypoint@thecreationstation.co.uk">baypoint@thecreationstation.co.uk</a></p> <p><a href="http://www.thecreationstation.co.uk">www.thecreationstation.co.uk</a></p>	4 – 11 years
<p><b>The Creation Station</b> <b>Baypoint</b> Baypoint Business Centre, Ramsgate Road, Sandwich CT13 9QL</p> <p><b>10am – 2pm</b> <b>19 – 22 December</b></p>	<p>The Creation Station is an arts and crafts programme centred around the delivery of arts and crafts sessions to children and young people alongside a range of physical activities to nurture physical health and wellbeing. We will deliver a range of different activities and sessions each day, to give children and young people new and exciting opportunities to be creative, explore and develop. Our art activities will include painting, tie dye printing, drawing, model making, slime making, Christmas crafts, decorating baked goods and much more.</p> <p>Other activities will include a Christmas disco on the last day for each venue, Christmas dinner with families invited in, family Christmas crafts, health and nutrition sessions, nature trails, bug hunts and sports.</p>	<p>Lauren Bury 01304 613 022</p> <p><a href="mailto:baypoint@thecreationstation.co.uk">baypoint@thecreationstation.co.uk</a></p> <p><a href="http://www.thecreationstation.co.uk">www.thecreationstation.co.uk</a></p>	4 - 16 years

	<p>Arts and crafts activities can improve your mental health and wellbeing, reduce stress, and help maintain focus.</p> <p>Our sessions will be tailored to suit children and young people's individual needs, inclusive of SEND.</p> <p>Each day all the children and staff come together at lunchtime for a warm meal, then some free time to help with their social interaction.</p> <p>We will deliver our Holiday Camp from 10am to 2pm which will be available to children from 4 to 18 years of age.</p>		
--	---	--	--