



ACTIVE FAMILIES

For children aged 5+

Based at Three Hills Sports Park, CT19 5JU

Become an Active Families member for £20* a month

THURSDAY		1ST SUNDAY OF THE MONTH	
AFTER-SCHOOL ENERGISER		PARK AND PLAY	
3:30pm - 5pm £3 per family free for members	Expect funny games and family challenges with our after-school energy injection at Three Hills Sports Park. Laughter guaranteed!	11am - 12pm £5 per family free for members	Meet at the play park for fun exercise challenges for all ages. Contact us to find out our meeting point this month.
SATURDAY		2ND SUNDAY OF THE MONTH	
MAKE A RACQUET!		SPORT OF THE MONTH	
4pm - 5pm £6 per family free for members	Get thirty minutes on court for a family racquet tournament. You can choose between Badminton, Pickleball, Tennis and Table Tennis	11am - 12pm £5 per family free for members	Bring your family to Three Hills to try a new sport every month! Delivered by professional athletes and expert coaches.
WEEKENDS		3RD SUNDAY OF THE MONTH	
52 THINGS TO DO IN 2018		ADVENTURE TRAIL	
£52 free for members	We have planned 52 amazing things to do to make memories with your family every weekend - this is not to be missed!	11am start £2 per family free for members	Meet us at a secret location for a specially created family adventure. Hit your step count for the day - all before Sunday lunch!
MULTI-SPORT HOLIDAY CAMPS			
£60 per week 9 weeks free for members		Our multi-sport camps are a great way to keep your kids active and entertained during the holidays. You can access 9 WEEKS of holiday camps with our monthly membership, which gives you a massive £300 yearly saving on childcare - and you get all of the above included too!	

For more information about our sessions or about becoming a member,
contact Jordon on 01303 764261 or email j.mann@shepwaysportstrust.org

GETTING ACTIVE TOGETHER

Have fun, make memories and create a lifelong sporting habit



Active Families will keep your family busy for the entire year.

With interactive sessions for little ones during the day and fun activities for the whole family at the weekend, our varied programme will make sure your family is entertained, happy and healthy.

With an Active Families membership*, you can say goodbye to boring weekends with our highly anticipated book: **52 Things To Do in 2018** - filled with fun family activities which are either free or heavily discounted.

We also recognise that school holidays are a difficult time for working families. Therefore, our Active Families membership* for children over 5 years old includes nine weeks of childcare at our popular multi-sport holiday camps. Just look overleaf for more info!

*minimum contract of 6 months. Terms and conditions apply

Families with under 5s

£15
per month

- Free entry to the following sessions with up to 4 named adults:

- Baby Baskets
- Little Tikes on Bikes
- Park and Play
- Monthly Adventure Trails
- Little Olympians

- "52 Things to Do in 2018" book

- Three Hills gym membership for 2 adults (+£10 per month)

+ £7.50 for each additional child under 5.



Families with over 5s

£20
per month

- Free entry to the following sessions with up to 4 named adults:

- Park and Play
- Monthly Adventure Trails
- Stay and Play
- Sport of the Month
- Make a Racquet

- 9 weeks free childcare at our holiday camps

- "52 Things to Do in 2018" book

- Three Hills gym membership for 2 adults (+£10 per month)

+ £10 for each additional child over 5.

+ £7.50 for each additional child under 5.

For more information about Active Families, contact Jordon on:



01303 764261



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Three Hills Sports Park, Cheriton Road, Folkestone, CT19 5JU