

PUPIL MENUS FOR PERIOD 3 JANUARY 2023 TO 31 MARCH 2023

Weeks Commencing	Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
						Chip Day
	Main Dish	Sausage Rolls	Pepperoni Pizza	Roast Leg Of Pork With Sage & Onion Stuffing & Apple Sauce	Jamaican Jerk Chicken Thighs	Fish In Batter
	2nd Dish	Vegetarian Tortellini With Cheese Sauce	Breadcrumbs Vegetable Burger	Vegan Sausage Casserole	Vegetable Slice	Macaroni Cheese
	Pasta Choice	Vegetarian Tortellini With Cheese Sauce	Pasta With Olive Oil and Cheese	Tomato & Vegetable Pasta	Farfalle With Red Pepper & Tomato Sauce	Macaroni Cheese
	Jacket Potato	Baked Beans & Cheese	Cheese	Tuna & Cucumber Mayonnaise	Chicken Bacon & Sweetcorn	Baked Beans & Cheese
	Starches	Mashed Potato	Oven Baked Potato Wedges	Roast Potatoes	Rice & Peas Boiled Potatoes	Chips
	Vegetable	Baked Beans Sweetcorn Kernels	Garden Peas Diced Carrots	Cauliflower Florets Broccoli Florets	Cut Green Beans Sliced Carrots	Baked Beans Garden Peas
	Extras	Salad Bar Garlic Bread	Salad Bar Bread	Salad Bar Bread	Salad Bar Garlic Bread	Salad Bar Bread
	Desserts	Ice Cream Roll Fresh Fruit Pots Selection Of Fresh Fruit Yoghurts	Date Slice & Custard Fresh Fruit Pots Selection Of Fresh Fruit Yoghurts Jelly Pots	Orange & Mango Frozen Dessert Fresh Fruit Pots Selection Of Fresh Fruit Yoghurts Jelly Pots	Jam & Coconut Sponge With Custard Fresh Fruit Pots Selection Of Fresh Fruit Yoghurts Jelly Pots	Strawberry Mousse Fresh Fruit Pots Selection Of Fresh Fruit Yoghurts Jelly Pots

Week Commencing	Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
	Main Dish	Chicken Burger in A Bap	Sausage	Baked Gammon With Pineapple	Teriyaki Pork & Vegetables With Egg Noodles	Jumbo Fish Fingers
	2nd Dish	Cheese & Tomato Quiche	Vegetarian Sausages in Gravy	Quorn Fillets in Gravy	Tomato & Vegetable Tri Colour Fusilli	Vegan Sausage Roll
	Pasta Choice	Pasta in Hidden Vegetable Tomato Sauce	Chicken & Pepper Pasta	Spaghetti With A Creamy Mushroom Sauce	Tomato & Vegetable Tri Colour Fusilli	Pasta With Olive Oil & Cheese
	Jacket Potato	Baked Beans & Cheese	Cheese	Tuna & Sweetcorn Mayonnaise	Chicken Bacon & Sweetcorn	Baked Beans & Cheese
	Starches	Oven Baked Jacket Wedges	Mashed Potatoes	Roast Potatoes		Chips
	Vegetable	Garden Peas	Cauliflower Florets	Mixed Root Vegetables	Cauliflower, Broccoli & Baby Carrots	Baked Beans
		Sweetcorn Kernels	Baton Carrots	Shredded Cabbage		Garden Peas
	Extras	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
		Garlic Bread	Bread	Bread	Bread	Bread
	Desserts	Fruit & Iced Yoghurt	Apple & Berry Goodie With Cream	Fruit Jelly	Fruit Cheesecake	Chocolate Sponge & Chocolate Sauce
		Fresh Fruit Pots	Fresh Fruit Pots	Fresh Fruit Pots	Fresh Fruit Pots	Selection Of Fresh Fruit
		Selection Of Fresh Fruit	Selection Of Fresh Fruit	Selection Of Fresh Fruit	Selection Of Fresh Fruit	Yoghurts
		Yoghurts	Yoghurts	Yoghurts	Yoghurts	Jelly Pots
			Jelly Pots		Jelly Pots	

Week Commencing	Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Shepherds Pasty	Mince Beef & Potato Stew	Roast Breast Of Turkey with Sage & Onion Stuffing	Chicken Gyros	Chicken Nuggets	
2nd Dish	Penne with Tomato & Mascarpone Sauce	Vegetable Pasta	Roasted Quorn Fillets With Creamy Mushroom Sauce	Vegan Meatballs with Katsu Sauce	Stuffed Peppers	
Pasta Choice	Penne with Tomato & Mascarpone Sauce	Vegetable Pasta	Conghiglie With Cheddar, Olive Oil, Garlic and Herbs	Farfalle With Tomato & Hidden Vegetable Sauce	Conchiglie in Cheese Sauce	
Jacket Potato	Baked Beans & Cheese	Cheese	Tuna Mayonnaise	Chicken Bacon & Sweetcorn	Baked Beans & Cheese	
Starches	Diced Potatoes		Roast Potatoes	Steamed Rice	Chips	
Vegetable	Baked Beans	Cauliflower Florets	Baton Carrot & Swede	Country Mixed Vegetables	Baked Beans	
	Sweetcorn	Broccoli Florets	Brussel Sprouts		Garden Peas	
Extras	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	
	Ciabatta	Garlic Bread	Bread	Flat Bread	Bread	
Desserts	Chocolate Mousse	Ring Doughnuts	Bread & Butter Pudding With Cream	Cookies	Millionaire Shortbread	
	Fresh Fruit Pots	Fresh Fruit Pots	Fresh Fruit Pots	Fresh Fruit Pots	Selection Of Fresh Fruit	
	Selection Of Fresh Fruit	Selection Of Fresh Fruit	Selection Of Fresh Fruit	Selection Of Fresh Fruit	Yoghurts	
	Yoghurts	Yoghurts	Yoghurts	Yoghurts	Jelly Pots	
		Jelly Pots		Jelly Pots		

Theme Days

19-Jan-23	Chinese Theme Day	Chinese New Year
10-Feb-23	American Theme Day	Superbowl
01-Mar-23	Welsh Theme Day	St David's Day
17-Mar-22	Irish Theme Day	St Patrick's Day
23-Mar-22	Greek Theme Day	Greek National Day 25 Mar 23