



MONDAY



Cumberland Sausage¹ with Gravy (Gluten Free Option Available on Request)



Pasta² Of The Day



Jacket Potato



Mashed Potatoes



**&
Baked Beans & Garden Peas**



Salad Bar



Bread³



Mousse⁴



Yoghurt⁵



Fresh Fruit

ALLERGEN INFORMATION

¹ Contains Gluten (Wheat) & Sulphites

² Contains Gluten (Wheat)

³ Contains Gluten (Wheat), Soya Bean

⁴ Contains Milk

⁵ Contains Milk



TUESDAY



Lasagne⁶(Gluten Free Pasta Available on Request)



&

Vegetarian Sausage Rolls⁷ with New Potatoes and Gravy



or

Jacket Potato or Pasta⁸ Of The Day



&

Diced Carrots & Broccoli Florets



Salad Bar



Bread⁹



Reduced Sugar Chocolate Sponge¹⁰ & Chocolate Sauce¹¹ (Gluten Free Option Available on Request)



Yoghurt¹²



Fresh Fruit

ALLERGEN INFORMATION

⁶ Contains Gluten (Wheat), Milk

⁷ Contains Gluten (Wheat), Soya Bean, Sulphites & Eggs

⁸ Contains Gluten (Wheat)

⁹ Contains Gluten (Wheat), Soya Bean

¹⁰ Contains Eggs, Gluten (Wheat) & Milk

¹¹ Contain Milk

¹² Contains Milk

WEDNESDAY



Roast Loin Of Pork with Sage & Onion Stuffing¹³ and Apple Sauce



Vegetarian Biryani¹⁴



or



Jacket Potato or Pasta¹⁵ Of The Day



Roast Potatoes



&



Cauliflower Florets & Green Beans



Salad Bar



Bread¹⁶



Fruit Jelly



Yoghurt¹⁷



Fresh Fruit

ALLERGEN INFORMATION

¹³ Contains Gluten (Wheat)

¹⁴ Contains Celery

¹⁵ Contains Gluten (Wheat)

¹⁶ Contains Gluten (Wheat), Soya Bean

¹⁷ Contains Milk



THURSDAY



&

Hoisin Chicken Stir Fry¹⁸ with Steamed Rice



&

Southern Fried Quorn Burger¹⁹ in a Burger Roll with Coleslaw²⁰ And New Potatoes



or

Jacket Potato or Pasta²¹ Of The Day



&

Garden Peas and Carrots



Salad Bar



Bread²²



&

Reduced Sugar Cherry Sponge²³ & Custard²⁴ (Gluten Free Option Available on Request)



Yoghurt²⁵



Fresh Fruit

ALLERGEN INFORMATION

¹⁸ Contains Soya Bean, Gluten (Wheat)

¹⁹ Contains Gluten(Wheat), Egg, Milk

²⁰ Contains Gluten (Wheat), Egg & Milk

²¹ Contains Gluten (Wheat)

²² Contains Gluten (Wheat), Soya Bean

²³ Contains Eggs & Gluten (Wheat)

²⁴ Contains Milk

²⁵ Contains Milk



FRIDAY



Baked Sweet Chilli Salmon²⁶



Macaroni And Tomato Bake²⁷ (Gluten free Option Available)



or

Jacket Potato or Pasta²⁸ Of The Day



Chips



&

Baked Beans & Broccoli Florets



Salad Bar



Bread²⁹



Ice Cream Roll³⁰



Yoghurt³¹



Fresh Fruit

ALLERGEN INFORMATION

²⁶ Contains Fish (Salmon), Soya Bean, Gluten (Wheat)

²⁷ Contains Gluten (Wheat), Milk

²⁸ Contains Gluten (Wheat)

²⁹ Contains Gluten (Wheat), Soya Bean

³⁰ Contains Eggs, Milk & Gluten (Wheat)

³¹ Contains Milk