Stage 9

Use this stage where the pupil's assessed starting point matches the statements below.

Citizenship Stage 9				
Term	**Topic**	**Knowledge /skills**	**Link to curriculum intent** *(indicative not exclusive)*	**Link to evidence for learning/specification framework as applicable** *(indicative not exclusive)*
1	Self-Awareness	Identifying strengths and areas to develop. Reflecting on behaviour and friendships.	Healthy Lifestyles Stage 9 Take responsibility within groups and show resilience when faced with challenges.	Self-Awareness Stage 9 Recognise personal strengths and areas for development. Reflect on how their behaviour affects others. Identify strategies for improving friendships and personal development.
2	Self-care, Support and Safety	Safety strategies. Recognising pressure. Privacy. Responding to discomfort.	Healthy Lifestyles Stage 9 Take responsibility within groups and show resilience when faced with challenges.	Self-care, Support and Safety Stage 9 Apply strategies to keep themselves and others safe. Recognise pressure from others. Use appropriate privacy strategies with guidance. Show an understanding of how to respond to uncomfortable situations.
3	Managing Feelings	Managing change disappointment loss and strong feelings. Supporting an upset peer.	Healthy Lifestyles Stage 9 Take responsibility within groups and show resilience when faced with challenges.	Managing Feelings Stage 9 Apply strategies to manage strong emotions, including those linked to change, disappointment and loss and begin to support others when they are upset.
4	Changing and Growing	Friendship family and romantic relationships. Care respect and choice.	Healthy Lifestyles Stage 9 Take responsibility within groups and show resilience when faced with challenges.	Changing and Growing Stage 9 Recognise the characteristics of positive friendships, family relationships and romantic relationships. Understand that healthy relationships are based on care, respect and choice.
5	Healthy Lifestyles	Balancing food activity sleep and care across settings. Recognising health risks.	Healthy Lifestyles Stage 9 Adapt movement skills and techniques with guidance. Take responsibility within groups and show resilience when faced with challenges. Adapt simple recipes and recognise personal strengths and achievements.	Healthy Lifestyles Stage 9 Apply healthy lifestyle choices across different settings by balancing diet, physical activity, sleep and personal care while recognising risks to health.

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6	The World I Live in	Applying rules diversity participation and money skills in the community.	Healthy Lifestyles Stage 9 Take responsibility within groups and show resilience when faced with challenges.	The World I Live in Stage 9 Apply knowledge of rules, diversity, community participation and money management across school and wider community settings.