Stage 7

Use this stage where the pupil's assessed starting point matches the statements below.

Citizenship Stage 7				
Term	**Topic**	**Knowledge /skills**	**Link to curriculum intent** *(indicative not exclusive)*	**Link to evidence for learning/specification framework as applicable** *(indicative not exclusive)*
1	Self-Awareness	Respecting different views. Recognising hurt feelings. Asking for friendship help.	Healthy Lifestyles Stage 7 Work cooperatively with others and follow instructions independently.	Self-Awareness Stage 7 Demonstrate positive relationships with some support. Have an understanding of how to respect others' views. Begin to recognise when behaviour may hurt someone's feelings. Identify trusted adults who can help with friendship worries.
2	Self-care, Support and Safety	Safe routines. Online safety. Belongings and personal boundaries.	Healthy Lifestyles Stage 7 Work cooperatively with others and follow instructions independently.	Self-care, Support and Safety Stage 7 Demonstrate safe behaviours in familiar situations. Use simple online safety strategies. Demonstrate respect for other people's belongings. Show an understanding of personal boundaries.
3	Managing Feelings	Practising regulation strategies. Identifying trusted support.	Healthy Lifestyles Stage 7 Work cooperatively with others and follow instructions independently.	Managing Feelings Stage 7 Demonstrate simple strategies to manage uncomfortable feelings. Identify trusted people who can offer support with feelings.
4	Changing and Growing	Correct body vocabulary. Different rates of development. Body ownership.	Healthy Lifestyles Stage 7 Work cooperatively with others and follow instructions independently.	Changing and Growing Stage 7 Use correct vocabulary for male and female body parts. Recognise that everyone develops at different rates. Understand that bodies belong to us.
5	Healthy Lifestyles	Preventing illness. Following routines. Safe medicine use.	Healthy Lifestyles Stage 7 Apply movement skills with increasing control across different activities. Work cooperatively with others and follow instructions independently. Describe performance using appropriate vocabulary and identify how exercise affects	Healthy Lifestyles Stage 7 Recognise ways to keep well by protecting themselves from illness. Be able to follow healthy routines. Understand how medicines should be used safely.

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6	The World I Live in	Environmental care and responsible choices. Needs and wants.	Healthy Lifestyles Stage 7 Work cooperatively with others and follow instructions independently.	The World I Live in Stage 7 Describe how caring for the environment, following rules and making responsible choices benefits themselves and others. Recognise the difference between needs and wants when spending money.