Stage 6

Use this stage where the pupil's assessed starting point matches the statements below.

Citizenship Stage 6				
Term	**Topic**	**Knowledge /skills**	**Link to curriculum intent** *(indicative not exclusive)*	**Link to evidence for learning/specification framework as applicable** *(indicative not exclusive)*
1	Self-Awareness	Practising kindness and respect. Including others. Resolving simple disagreements.	Healthy Lifestyles Stage 6 Work respectfully as part of a team and begin to understand the impact of healthy choices.	Self-Awareness Stage 6 Demonstrate with support why kindness, respect and good listening are important. Identify ways to include others and resolve simple disagreements. Begin to show care for friends and family.
2	Self-care, Support and Safety	Personal care and handwashing. Preventing germs. Surprises and secrets.	Healthy Lifestyles Stage 6 Work respectfully as part of a team and begin to understand the impact of healthy choices.	Self-care, Support and Safety Stage 6 Demonstrate how to care for themselves. Show understanding of how to prevent the spread of germs. Begin to understand the difference between surprises and secrets.
3	Managing Feelings	Comparing different responses to the same event. Recognising individual feelings.	Healthy Lifestyles Stage 6 Work respectfully as part of a team and begin to understand the impact of healthy choices.	Managing Feelings Stage 6 Begin to recognise that everyone experiences different feelings. Begin to understand that people may respond differently to the same situation.
4	Changing and Growing	Physical and emotional puberty changes. Reliable people for questions and worries.	Healthy Lifestyles Stage 6 Work respectfully as part of a team and begin to understand the impact of healthy choices.	Changing and Growing Stage 6 Describe the main physical and emotional changes that happen during puberty. Identify reliable people they can talk to if they have questions or worries.
5	Healthy Lifestyles	Balanced diet exercise sleep and hygiene. Physical and	Healthy Lifestyles Stage 6 Perform basic movement skills with control and understanding. Work respectfully as part of a team and begin to understand the impact of healthy choices.	Healthy Lifestyles Stage 6 Describe the benefits of a balanced diet, regular exercise, sleep and good hygiene. Recognise how these choices contribute to physical and emotional wellbeing.

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		emotional wellbeing.	Follow simple recipes with increasing independence and identify healthy foods.	
6	The World I Live in	Community cooperation. Fairness respect and equality. Qualities needed for jobs.	Healthy Lifestyles Stage 6 Work respectfully as part of a team and begin to understand the impact of healthy choices.	The World I Live in Stage 6 Explain how communities work together. Recognise the importance of fairness, respect and equality. Identify the qualities people need for different jobs.