Stage 5

Use this stage where the pupil's assessed starting point matches the statements below.

Citizenship Stage 5				
Term	**Topic**	**Knowledge /skills**	**Link to curriculum intent** *(indicative not exclusive)*	**Link to evidence for learning/specification framework as applicable** *(indicative not exclusive)*
1	Self-Awareness	Exploring individuality and differences. Cooperative play.	Healthy Lifestyles Stage 5 Work effectively with others and begin to reflect on achievements and experiences.	Self-Awareness Stage 5 Begin to understand what makes them unique. Recognise that other people may have different strengths, families, feelings etc. Begin to work and play cooperatively.
2	Self-care, Support and Safety	Staying physically safe. Public and private places. Private information.	Healthy Lifestyles Stage 5 Work effectively with others and begin to reflect on achievements and experiences.	Self-care, Support and Safety Stage 5 Identify ways to stay healthy and physically safe. Begin to recognise the difference between public and private. Show some understanding that some information should be kept private with support.
3	Managing Feelings	Using preferred communication to express feelings and needs appropriately.	Healthy Lifestyles Stage 5 Work effectively with others and begin to reflect on achievements and experiences.	Managing Feelings Stage 5 Use simple vocabulary and communication strategies to express feelings and needs appropriately.
4	Changing and Growing	Human life cycle and changing needs. Appropriate and inappropriate touch.	Healthy Lifestyles Stage 5 Work effectively with others and begin to reflect on achievements and experiences.	Changing and Growing Stage 5 Describe the stages of the human life cycle. Explain how needs change as people grow. Identify appropriate and inappropriate touch.
5	Healthy Lifestyles	Comparing healthier foods. Preventing illness. Understanding routines.	Healthy Lifestyles Stage 5 Copy basic physical skills in simple activities. Work effectively with others and begin to reflect on achievements and experiences. Follow simple recipes with support and ask questions about health and wellbeing.	Healthy Lifestyles Stage 5 Explain why some foods are healthier than others. Identify simple ways to prevent illness Recognise how healthy routines help the body.

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6	The World I Live in	Diversity and beliefs. Why rules matter. Paying for everyday needs.	Healthy Lifestyles Stage 5 Work effectively with others and begin to reflect on achievements and experiences.	The World I Live in Stage 5 Recognise that people have different backgrounds, beliefs and characteristics. Understand why rules are important. Identify how money is used to meet everyday needs.