Stage 4

Use this stage where the pupil's assessed starting point matches the statements below.

Citizenship Stage 4				
Term	**Topic**	**Knowledge /skills**	**Link to curriculum intent** *(indicative not exclusive)*	**Link to evidence for learning/specification framework as applicable** *(indicative not exclusive)*
1	Self-Awareness	Recognising strengths and interests. Sorting kind and unkind behaviour. Taking turns.	Healthy Lifestyles Stage 4 Follow instructions independently and work appropriately with others.	Self-Awareness Stage 4 Begin to identify personal strengths, interests and talents. Recognise kind and unkind behaviour. Demonstrate simple listening and turn-taking with support.
2	Self-care, Support and Safety	Practising self care. Recognising unsafe feelings. Communicating a need for help.	Healthy Lifestyles Stage 4 Follow instructions independently and work appropriately with others.	Self-care, Support and Safety Stage 4 Describe simple ways to look after themselves. Begin to recognise when they feel unsafe or worried. Begin to communicate when they need help.
3	Managing Feelings	Exploring causes of feelings and associated body sensations.	Healthy Lifestyles Stage 4 Follow instructions independently and work appropriately with others.	Managing Feelings Stage 4 Begin to understand what causes different feelings. Begin to recognise how emotions can affect the body.
4	Changing and Growing	Body changes. Different families. Understanding care related touch.	Healthy Lifestyles Stage 4 Follow instructions independently and work appropriately with others.	Changing and Growing Stage 4 Recognise that bodies change as people grow. Identify different types of families. Understand that some touch helps to keep us safe, healthy and cared for.
5	Healthy Lifestyles	Food sleep exercise and hygiene routines. Trusted adult administration of medicines.	Healthy Lifestyles Stage 4 Copy basic skills across a range of physical activities. Follow instructions independently and work appropriately with others. Understand the importance of healthy eating and exercise whilst preparing simple foods with support.	Healthy Lifestyles Stage 4 Describe simple ways to stay healthy through food, sleep, exercise and hygiene. Recognise that medicines help people get better when given by trusted adults.

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6	The World I Live in	Rules and safety. Different communities. Care for people animals and places.	Healthy Lifestyles Stage 4 Follow instructions independently and work appropriately with others.	The World I Live in Stage 4 Describe how rules help people stay safe. Recognise different types of communities. Explain simple ways to care for people, animals and places.