Stage 1

Use this stage where the pupil's assessed starting point matches the statements below.

Citizenship Stage 1				
Term	**Topic**	**Knowledge /skills**	**Link to curriculum intent** *(indicative not exclusive)*	**Link to evidence for learning/specification framework as applicable** *(indicative not exclusive)*
1	Self-Awareness	Familiar people and sensory self exploration. Noticing feelings and sharing attention.	Healthy Lifestyles Stage 1 Take turns and follow simple instructions that promote kind and safe behaviour.	Self-Awareness Stage 1 Respond with curiosity to stimuli about themselves, their family, people who are special to them with support. Begin to notice feelings. Begin to take part with others.
2	Self-care, Support and Safety	Exploring care routines and trusted adults. Personal belongings. Supported technology use.	Healthy Lifestyles Stage 1 Take turns and follow simple instructions that promote kind and safe behaviour.	Self-care, Support and Safety Stage 1 Respond with curiosity to adults and stimuli about being cared for. Show awareness of keeping safe. Begin to identify trusted people and personal belongings. Begin using technology.
3	Managing Feelings	Exploring emotional expressions through familiar faces voices and sensory experiences.	Healthy Lifestyles Stage 1 Take turns and follow simple instructions that promote kind and safe behaviour.	Managing Feelings Stage 1 Respond with curiosity to different emotions. Respond to facial expressions and ways people communicate their feelings.
4	Changing and Growing	Exploring babies growing body parts care and family through supported experiences.	Healthy Lifestyles Stage 1 Take turns and follow simple instructions that promote kind and safe behaviour.	Changing and Growing Stage 1 Respond with curiosity to stimuli about babies, growing up, body parts, physical contact and different family relationships.

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5	Healthy Lifestyles	Exploring healthy foods and body care. Noticing illness or discomfort.	Healthy Lifestyles Stage 1 Explore different foods, tastes and textures. Move their body in simple ways with adult support. Take turns and follow simple instructions that promote kind and safe behaviour.	Healthy Lifestyles Stage 1 Respond with curiosity to stimuli about healthy food, looking after the body and recognising when they feel unwell or uncomfortable.
6	The World I Live in	Exploring familiar communities jobs money rules and environmental care.	Healthy Lifestyles Stage 1 Take turns and follow simple instructions that promote kind and safe behaviour.	The World I Live in Stage 1 Respond with curiosity to people, communities, jobs, money, rules and the environment through familiar experiences and adult modelling.