WEEK 1 – MAIN SCHOOL

Mon
 Homemade Pizza[1] **with** **Quorn & Bean Bolognaise with Pasta[2]**   **Jacket Wedges** **&** **Baked Beans & Garden Peas**   **Salad Tray**   **Bread[3]** **&** **Fruit and Ice Cream [4]**   **Yoghurt[5]**   **Fresh Fruit**

ALLERGEN INFORMATION

[1] Contains Gluten (Wheat) & Milk
[2] Contains Gluten (Wheat), Eggs & Celery
[3] Contains Gluten (Wheat)
[4] Contains Milk
[5] Contains Milk

Tue

Chicken Fajitas[6]

&

Braised Vegetarian Sausage with Onion Gravy[7]

Mexican Rice

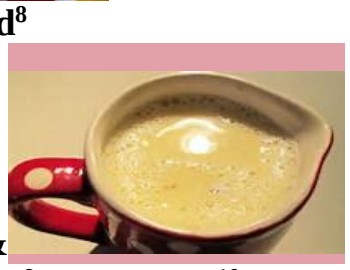
New Potatoes

Cauliflower Broccoli & Baby Carrots

Salad Tray

Bread[8]

&



Mixed Fruit Sponge[9] & Custard[10]

Yoghurt[11]

Fresh Fruit

ALLERGEN INFORMATION

[6] Contains Gluten (Wheat) & Celery
[7] Contains Eggs
[8] Contains Gluten (Wheat)
[9] Contains Sulphur Dioxide, Eggs, Gluten(Wheat)
[10] Contains Milk
[11] Contains Milk

Wed

Baked Gammon with Gravy

Squash, Chick Pea and Spinach Curry[12] with Rice

&

Roast Potatoes & Mashed Potatoes

&

Roast Parsnips & Diced Carrots

Salad Tray

Bread[13]

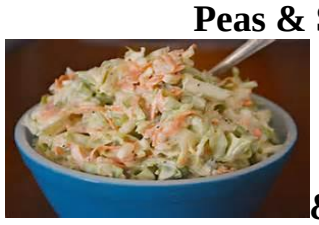
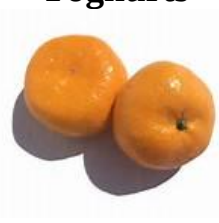
Seasonal Fruit with Jelly

Yoghurt[14]

Fresh Fruit

ALLERGEN INFORMATION

[12] Contains Mustard
[13] Contains Gluten (Wheat)
[14] Contains Milk

Thu
 Beef Burgers and Onions   **Vegetable Quiche[15]**   **New Potatoes** **&** **Peas & Sweetcorn**  **&** **Coleslaw and Salads[16]**   **Bread[17]** **&** **Cherry Goodie[18] with Custard[19]**   **Yoghurts[20]**  **Fresh Fruit**

ALLERGEN INFORMATION

[15] Contains Mustard, Milk, Gluten (Wheat) & Eggs
[16] Contains Eggs
[17] Contains Gluten (Wheat) & Soya Bean
[18] Contains Gluten (Wheat) & Gluten (Oats)
[19] Contains Milk
[20] Contains Milk

Fri
Packed Meal Day

ALLERGEN INFORMATION