

WEEK 1 – MAIN SCHOOL

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| Mon  |
| Image result for pizza pictures**Homemade Pepperoni Pizza[[1]](#footnote-1)**Image result for Quorn & Bean Bolognese Images**with**http://tse1.mm.bing.net/th?&id=OIP.M8cced1f0bfab7f818d44d46dcf462394o0&w=300&h=225&c=0&pid=1.9&rs=0&p=0&r=0**Quorn & Bolognaise with Penne Pasta[[2]](#footnote-2)**http://tse1.mm.bing.net/th?&id=OIP.M3ac28cfe7d8a62f34e2c8e593d88cd15o0&w=297&h=196&c=0&pid=1.9&rs=0&p=0&r=0**Jacket Wedges**Image result for baked beans**&** Image result for garden poeas**Baked Beans & Garden Peas**Image result for lettuce , toMATO, CUCUMBER**Salad Tray**Image result for BREAD**Bread[[3]](#footnote-3)**Image result for PEACHES**&**Image result for VANILLAICE CREAM**Fruit and Ice Cream [[4]](#footnote-4)**Image result for yEO vALLEY yOGHURT**Yoghurt[[5]](#footnote-5)**Image result for aPPLE sATSUMAS bANANASImage result for aPPLE sATSUMAS bANANASImage result for aPPLE sATSUMAS bANANAS**Fresh Fruit** |

**ALLERGEN INFORMATION**

 

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| Tue  |
| Image result for Chicken Fajita Images**Fajita Chicken with Tortillas[[6]](#footnote-6)**Image result for quorn Sausages images**&**Image result for quorn sausages & onion gravy images**Braised Vegetarian Sausage with Onion Gravy[[7]](#footnote-7)**Image result for new potatoes**New Potatoes**http://crisfieldpizzashoppe.com/images/bc/SaladsSides/Broccoli_Cauliflower_%20Carrots_Herb_Butter.jpg**Cauliflower Broccoli & Baby Carrots & Sweetcorn**Image result for lettuce , toMATO, CUCUMBER**Salad Tray**Image result for BREAD**Bread[[8]](#footnote-8)**Image result for cUSTARD,**Gluten Free Syrup Sponge[[9]](#footnote-9) & Custard[[10]](#footnote-10)**Image result for yEO vALLEY yOGHURT**Yoghurt[[11]](#footnote-11)**Image result for aPPLE sATSUMAS bANANASImage result for aPPLE sATSUMAS bANANASImage result for aPPLE sATSUMAS bANANAS**Fresh Fruit** |

**ALLERGEN INFORMATION**



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| Wed  |
| Image result for baked gammon images**Baked Gammon with Gravy**Image result for squash & chickpea curry images**Squash, Chick Pea and Spinach Curry[[12]](#footnote-12) with Rice and Naan Bread**Image result for roast potatoes**&** Image result for mashed potato images**Roast Potatoes & Mashed Potatoes**http://tse1.mm.bing.net/th?&id=OIP.M431435fafcb2b0b202bbd198262b6143H0&w=300&h=225&c=0&pid=1.9&rs=0&p=0&r=0**&**Image result for diced carrots images**Green Beans & Diced Carrots**Image result for lettuce , toMATO, CUCUMBER**Salad Tray**Image result for BREAD**Bread[[13]](#footnote-13)**Image result for fruit Jelly images**Seasonal Fruit with Jelly**Image result for yEO vALLEY yOGHURT**Yoghurt[[14]](#footnote-14)**Image result for aPPLE sATSUMAS bANANASImage result for aPPLE sATSUMAS bANANASImage result for aPPLE sATSUMAS bANANAS**Fresh Fruit** |

**ALLERGEN INFORMATION**



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| Thu  |
| Image result for lamb burgers images**Beef Burgers and Onions**http://tse1.mm.bing.net/th?&id=OIP.Md5d70d98e3796c1440dd02489e043dbco0&w=300&h=165&c=0&pid=1.9&rs=0&p=0&r=0**Vegetable Quiche[[15]](#footnote-15)**Image result for new potatoes**New Potatoes**Image result for garden poeas**&** Image result for sweetcorn images**Peas & Sweetcorn**http://tse1.mm.bing.net/th?&id=OIP.M394070c892f692eec1573e03b0d28283o0&w=299&h=199&c=0&pid=1.9&rs=0&p=0&r=0**&** Image result for lettuce , toMATO, CUCUMBER**Coleslaw and Salads[[16]](#footnote-16)**Image result for BREAD**Bread[[17]](#footnote-17)**Image result for fruit crum,ble**&**Image result for cUSTARD,**Gluten Free Cherry Goodie with Cream[[18]](#footnote-18)**Image result for yEO vALLEY yOGHURT**Yoghurts[[19]](#footnote-19)**Image result for aPPLE sATSUMAS bANANASImage result for aPPLE sATSUMAS bANANASImage result for aPPLE sATSUMAS bANANAS**Fresh Fruit**  |

**ALLERGEN INFORMATION**

1. **Contains Gluten (Wheat) & Milk** [↑](#footnote-ref-1)
2. **Contains Gluten (Wheat), Eggs & Celery** [↑](#footnote-ref-2)
3. **Contains Gluten (Wheat)** [↑](#footnote-ref-3)
4. **Contains Milk** [↑](#footnote-ref-4)
5. **Contains Milk** [↑](#footnote-ref-5)
6. **Contains Gluten (Wheat) & Celery** [↑](#footnote-ref-6)
7. **Contains Eggs** [↑](#footnote-ref-7)
8. **Contains Gluten (Wheat)** [↑](#footnote-ref-8)
9. **Contains Eggs** [↑](#footnote-ref-9)
10. **Contains Milk** [↑](#footnote-ref-10)
11. **Contains Milk**  [↑](#footnote-ref-11)
12. **Contains Mustard** [↑](#footnote-ref-12)
13. **Contains Gluten (Wheat)** [↑](#footnote-ref-13)
14. **Contains Milk** [↑](#footnote-ref-14)
15. **Contains Mustard, Milk, Gluten (Wheat) & Eggs** [↑](#footnote-ref-15)
16. **Contains Eggs** [↑](#footnote-ref-16)
17. **Contains Gluten (Wheat) & Soya Bean** [↑](#footnote-ref-17)
18. **Contains Milk** [↑](#footnote-ref-18)
19. **Contains Milk** [↑](#footnote-ref-19)